

Congenital Heart Disease: Greatest Success Story in Medicine!

Erwin Oechslin, MD, FRCPC, FESC

Professor of Medicine, U of T

Director, Congenital Cardiac Centre for Adults

The Bitove Family Professor of Adult Congenital Heart Disease

University Health Network

Peter Munk Cardiac Centre / Toronto General Hospital

Toronto, ON, Canada









Congenital Heart Disease: Greatest Success Story in Medicine!

Who Are The Heroes?







What Is A Hero?

- Individual with heroic qualities and has performed heroic act...
- Individual who makes a difference to his/her peers
 - INNOVATION!



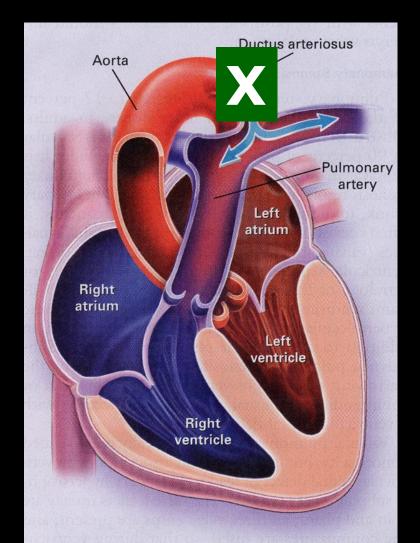




1938 1st Operation in CHD



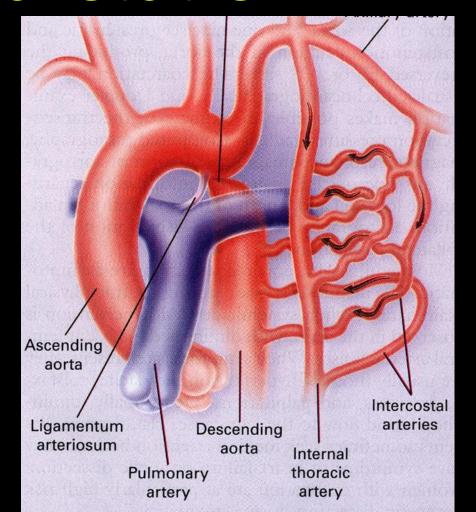
R.E. Gross Boston, USA



1944 - Operation Aortic Coarctation



C. Crafoord Stockholm, SE



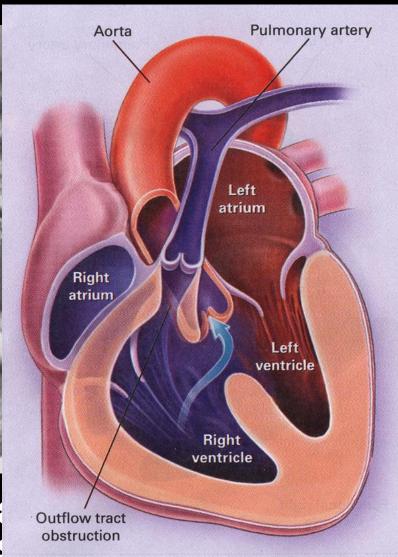
Tetralogy of Fallot



1944



Helen B. Taussig (1888)
Baltimore, USA



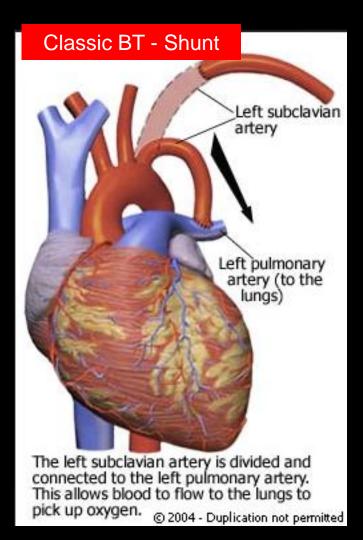


(1899-1964) ore, USA

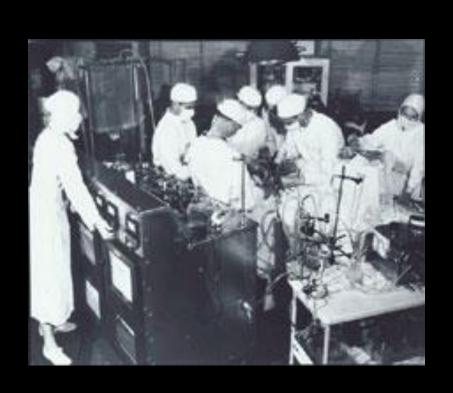
Tetralogy of Fallot Blalock-Taussig Shunt in 1944



Dr. A. Blalock and his team: Nov 29, 1944



1st Heart Lung Machine in 1953



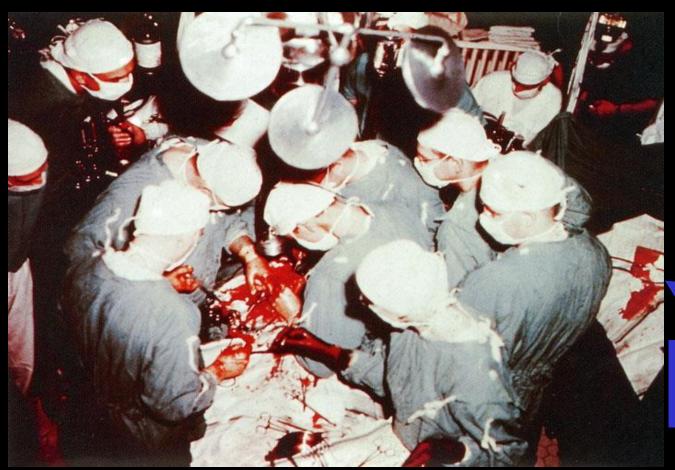
Open Heart Surgery

Intracardiac Repair

John H. Gibbon Jr. 1903 - 1973

C.W. Lillehei, Minneapolis, USA: First Tetralogy of Fallot Repair

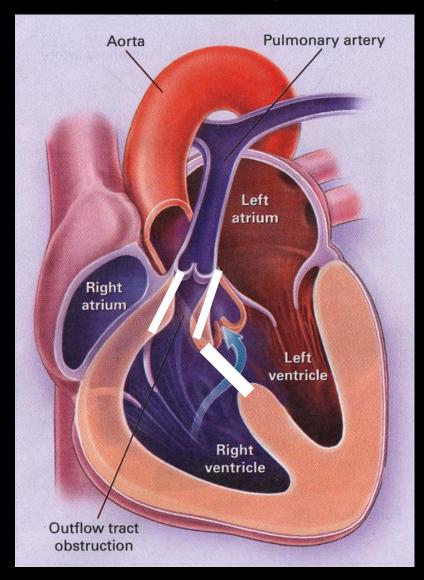
August 31, 1954

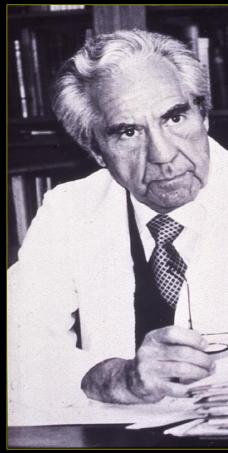


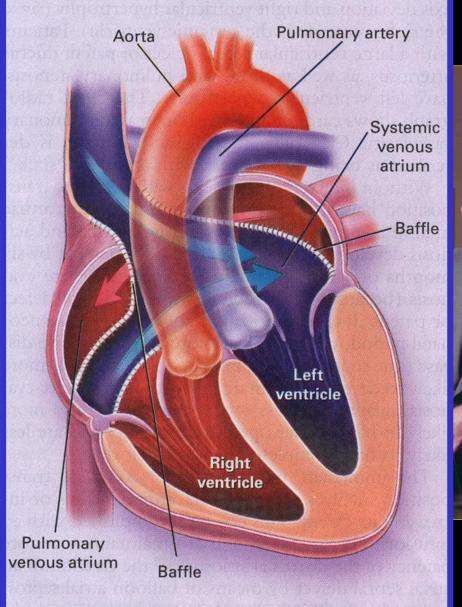
Cross-Circulation

Courtesy of Dr. W. Williams, Toronto

Repair of Tetralogy of Fallot







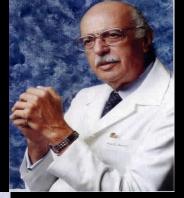


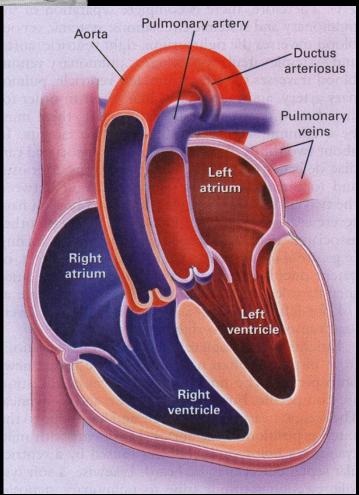
Åke Sen Zürich, CH

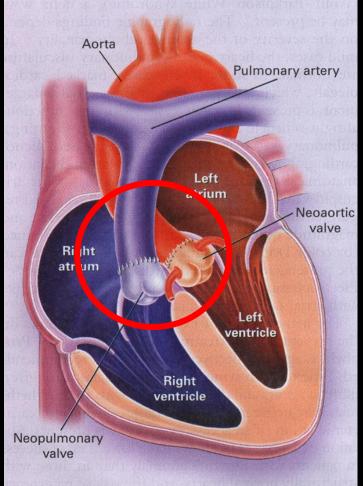
T. Mustard roronto, Ca



1975 - *ARTERIAL*Switch Procedure







Surgical Concepts

Congenital Heart Defect

Subpulmonic and subaortic ventricles

Adequate size

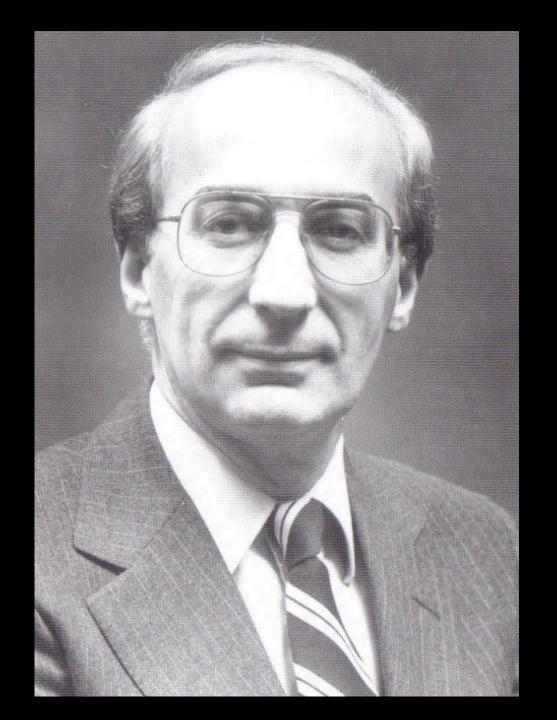
Inadequate size

Biventricular Repair

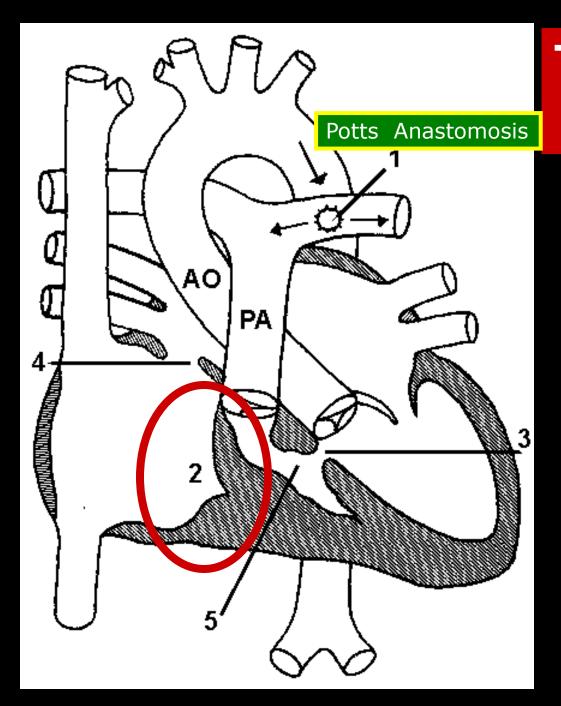
UNIventricular Repair







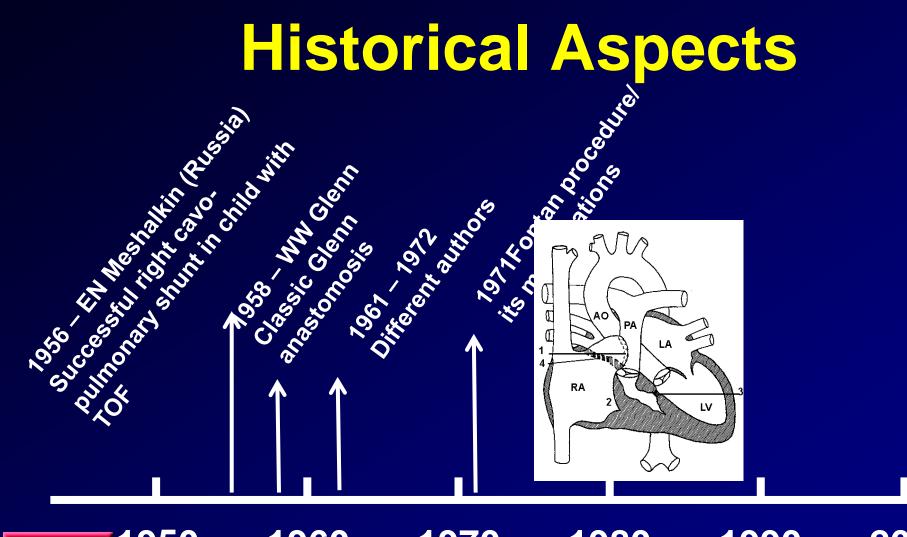
F. Fontan



Tricuspid Atresia with ASD and VSD

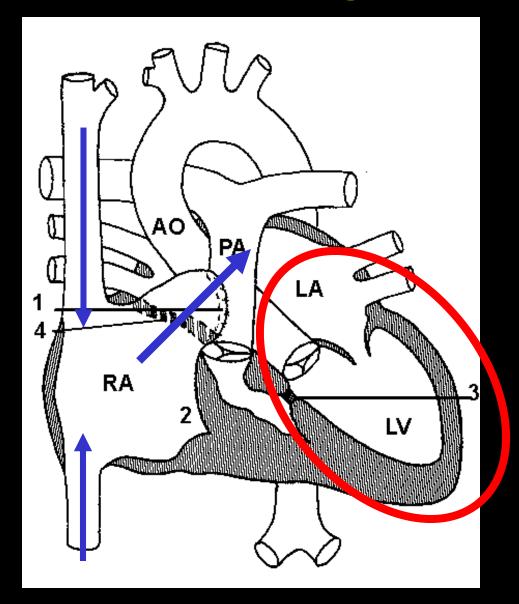
Fontan Procedure

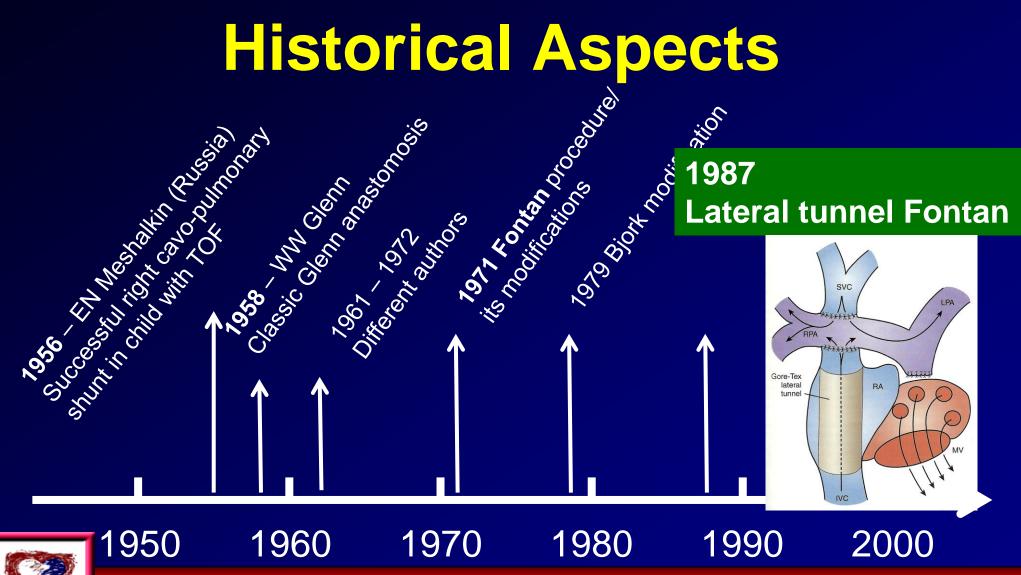
- Not suitable for biventricular repair
 - Separation of the systemic and pulmonary circulation

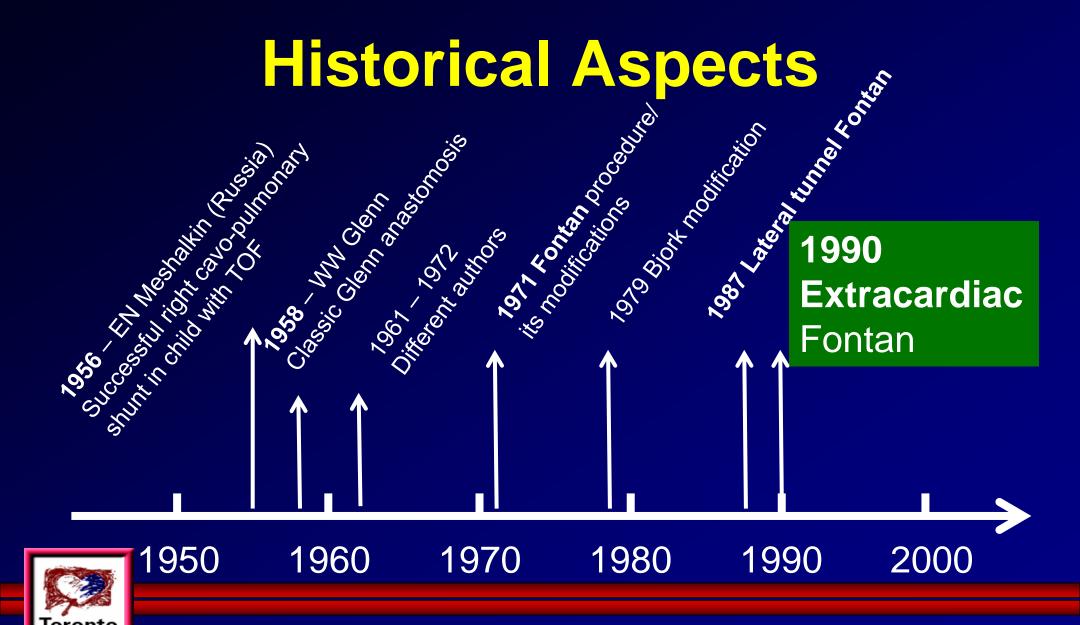




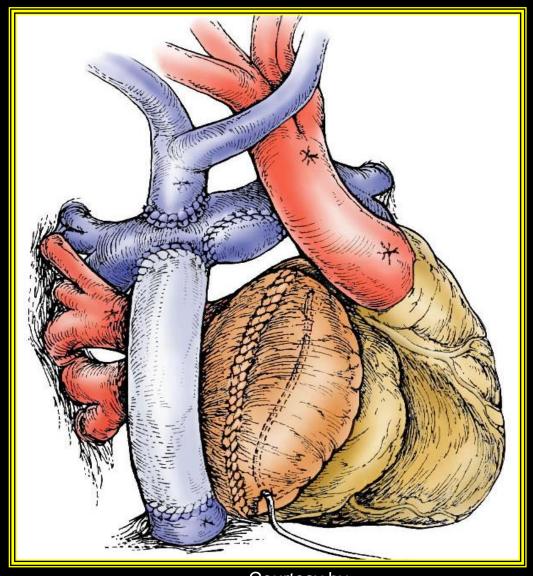
1971: Fontan - Circulation







Extracardiac Fontan



Courtesy by Prof. Rene Pretre, Zurich/Lausanne (CH)

Advances

Diagnosis Therapy

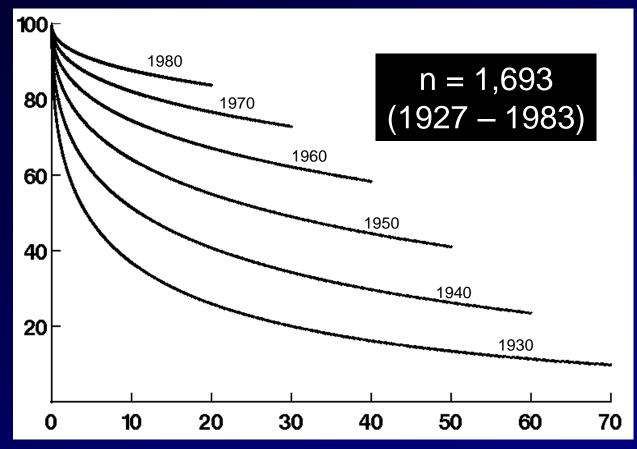




Survival



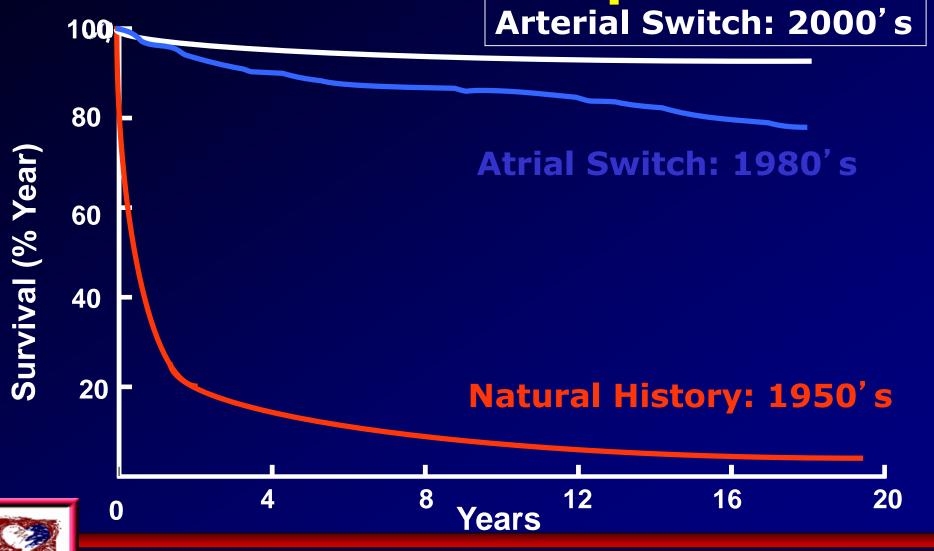
Survival in Tetralogy of Fallot by decade of birth at HSC, Toronto



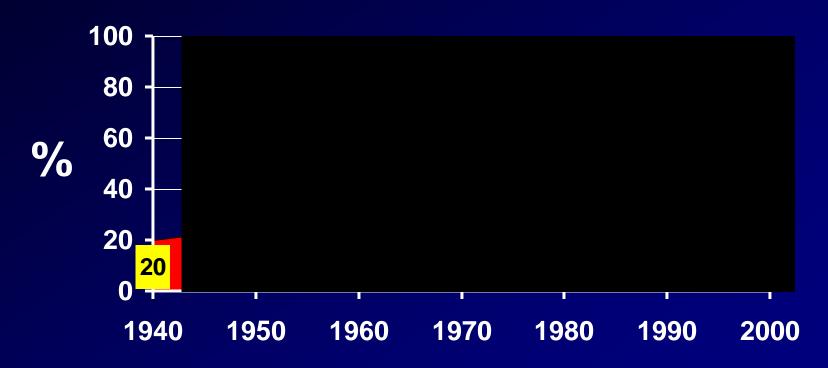








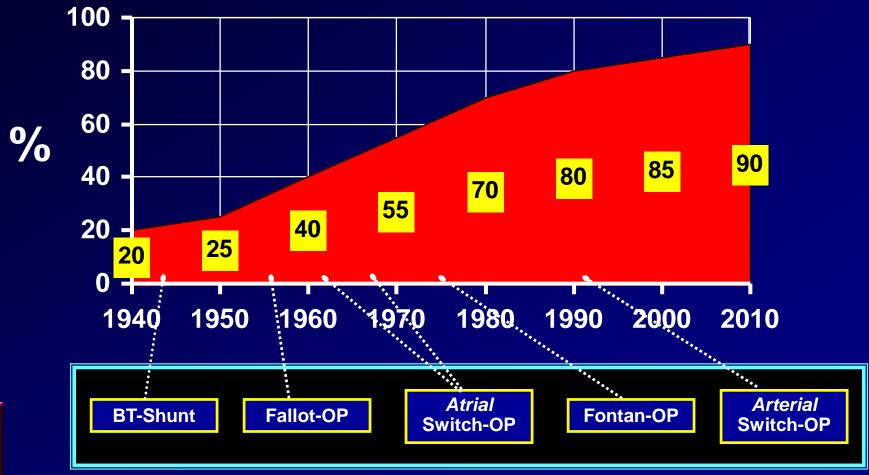
Survival Rate in CHD and Milestones in Cardiac Surgery







Survival Rate in CHD and Milestones in Cardiac Surgery



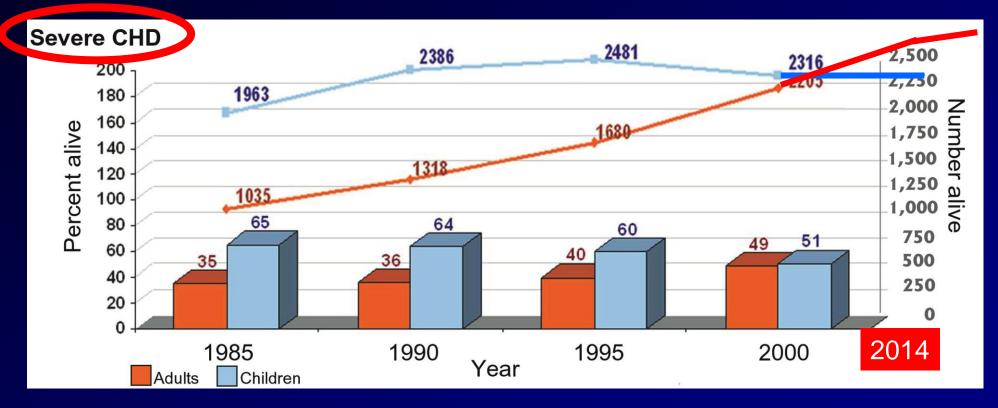


Prevalence of Severe and Other CHD

	Adults Alive in 2000		Children Alive in 2000	
	n (%)	Prevalence per 1000 Adults	n (%)	<u>Prevalence</u> per 1000 Children
All congenital heart lesions*	23 563 (100)	4.09	18 979 (100)	11.89
Severe lesions				
TOF or truncus arteriosus	1001	0.17	778	0.49
AVCD	834	0.14	914	0.57
Transposition complex	235	0.04	424	0.27
Univentricular hearts	150	0.03	213	0.13
All severe lesions	2205 (9)	0.38	2316 (12)	1.45

Marelli AJ, et al. Circulation 2007; 115: 163-172

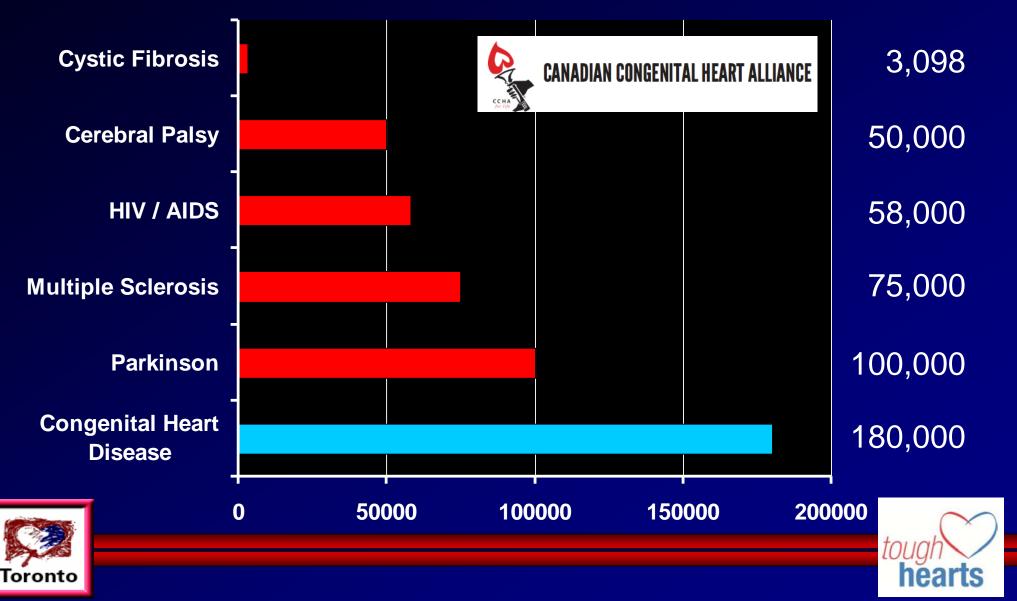
Changing Age Distribution of Severe CHD 1985 - 2000







Canadian Disease Statistics

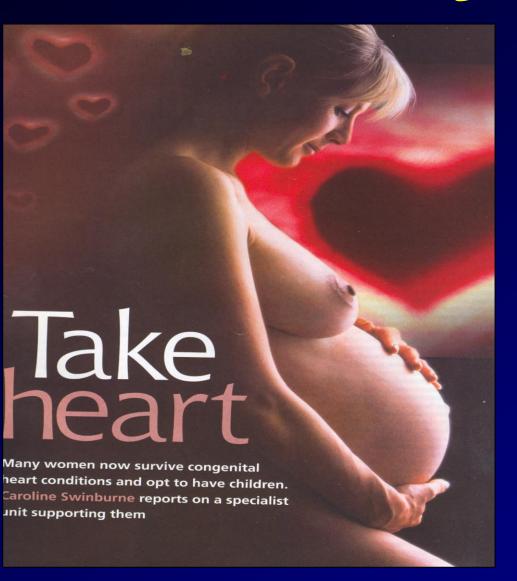


Surgical Repair Is NOT A CURE

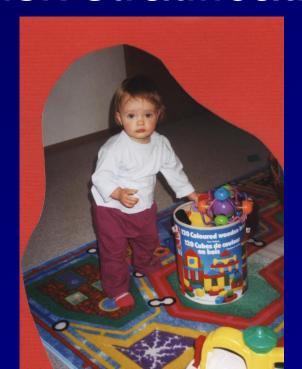


an

Family Planning



- Anticonception
- Pregnancy
- Risk stratification



What is a Hero?

- Individual with heroic qualities and has performed heroic act...
- Individual who makes a difference to his/her peers
 - INNOVATION!









Gross



Crafoord



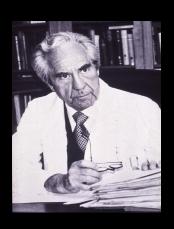
Taussig



Blalock



Lillehei



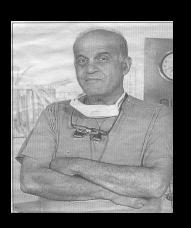
Senning



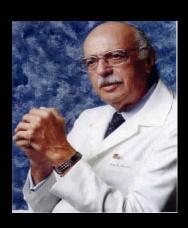
Mustard



Fontan



Yacoub



Jatene

The Forgotten Heroes

What Is A Hero?

- Individual of distinguised courage or ability
- Individual admired for his/her brave deeds and qualities
- Individual regarded as role model





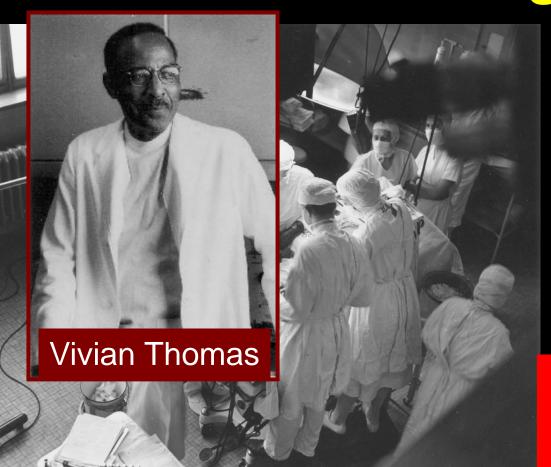
What Is A Hero?

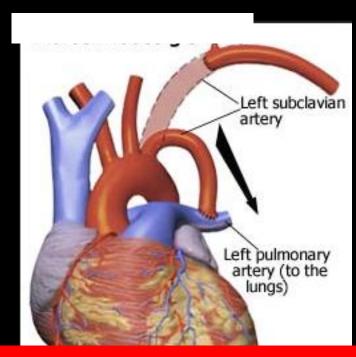
 Individual who goes beyond and above his/her capacities / limitations





Tetralogy of Fallot Blalock-Taussig Shunt in 1944





Blalock Taussig-Thomas Shunt

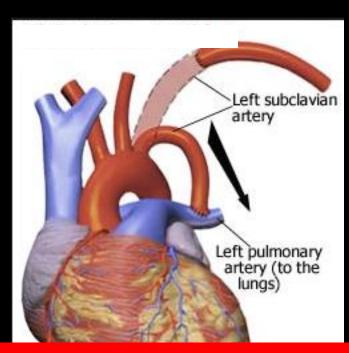
connected to the left pulmonary artery.
This allows blood to flow to the lungs to pick up oxygen.
© 2004 - Duplication not permitted

Dr. A. Blalock and his team



Tetralogy of Fallot Blalock-Taussig Shunt in 1944





Blalock Taussig-Thomas Shunt

connected to the left pulmonary artery.
This allows blood to flow to the lungs to pick up oxygen.
© 2004 - Duplication not permitted

Dr. A. Blalock and his team: Nov 29, 1944

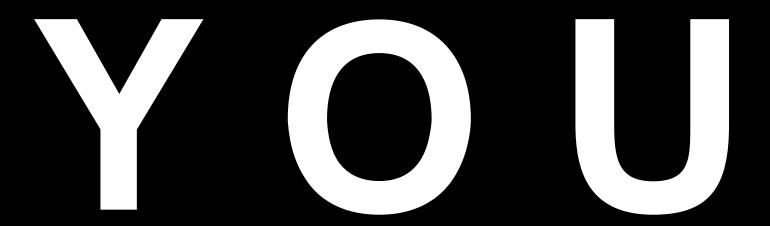
Eileen Saxon





The Forgotten Heroes



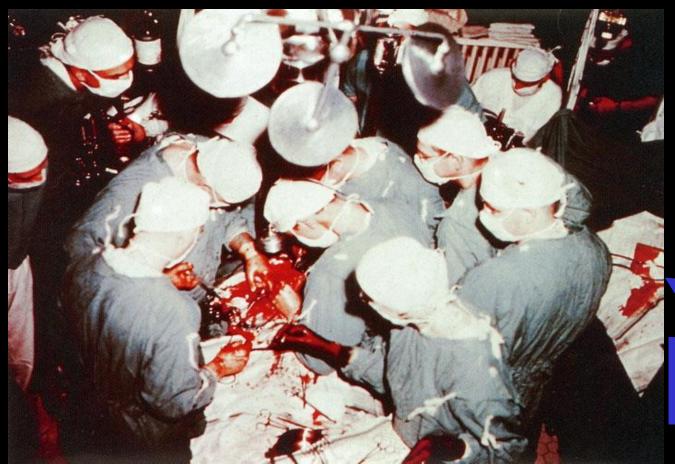






C.W. Lillehei, Minneapolis, USA: First Tetralogy of Fallot Repair

August 31, 1954



Cross-Circulation

Courtesy of Dr. W. Williams



The Forgotten Heroes



YOU

YOUR PARENTS

ACHD Is An Epidemic

- The demographics of CHD population have changed:
 - Increasing number of adults with CHD
- Distribution of CHD:
 - Prevalence of pts with severe CHD is increasing more rapidly in adults than in children
 - Equalizing numbers of adults and children with severe CHD



Summary

- Mortality and morbidity are shifting away from the young and towards the adult
- Workload is increasing





Summary

- Validation of the investment made during childhood
- Ethical responsibility to provide care for patients born with congenital defects











TO TAKE OWNERSHIP



TO MAKE A DIFFERENCE







Acknowledgment: Our Forgotten Heroes

Patients and their parents







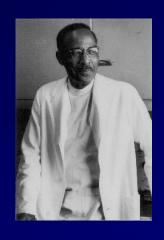




Acknowledgment: Our Forgotten Heroes

Patients and their parents

Vivien Thomas(1910 – 1989)









Acknowledgment: Our Forgotten Heroes



Patients and their parents



Vivien Thomas(1910-1989)



Everybody who makes a difference for his / her peers



